



## From the President

### *Hernia Society of India*

Dear Friends,

It gives me pleasure to communicate with you through this newsletter. Herniology is a rapidly expanding field and HSI is committed to bringing to its members the advances in the field. We have undertaken several scientific activities in the last one year. We have a scientific feast in the form of HSICON 2018 planned in Chennai from September 6th - 18th and as members of HSI I look forward to meeting you at the meeting.

Warm regards,  
*Sandeep Dave*



## From the Hon. Secretary

### *Hernia Society of India*

Dear Fellow HSI Members,

It is my pleasure to bring out this issue of the HSI Newsletter and reach it to you. It gives you a bird's eye view of the scientific activities we have undertaken in the past one year. We now have a vibrant website ([www.herniasocietyofindia.org](http://www.herniasocietyofindia.org)) that carries links to several educational videos and lectures from previous HSI events for the registered members to access. We will be meeting in Chennai soon for our annual meeting and I promise that this will be a totally delegate-centric and memorable event. I look forward to welcoming you during HSICON 2018.

Warm regards,  
*Deepraj Bhandarkar*



## From the President-Elect

### *Hernia Society of India*

Dear Members,








Hernia is a very common surgical problem. The surgery for hernia has evolved with the advent of Minimal Access Surgery but still the last word has been not said. It has evolved from a "simple surgery" left to the new surgical residents to a very specialized branch of herniology. Hernia Society of India, National chapter of Asia Pacific Hernia Society was formed in 2004 with aim of propagating the science of hernia surgery in the Indian sub-continent. It has become a very active and vibrant organization with more than 1000 members.

I have been actively associated with Hernia Society of India for more than a decade, having served the association in various capacities. I am privileged to be chosen as the President elect of this prestigious society and will put in my best to carry out its aims and objectives.

I am thankful to Dr. Pradeep Chowbey, Dr. H G Doctor, and Dr. Rajesh Khullar, and the founder members, as without their vision we may not have come this far. I would like to congratulate Dr Deepraj Bhandarkar for all his efforts to bring out this newsletter.

*Dr Ramesh Agarwalla*

**Executive Committee Members**

	<b>H G Doctor</b> <i>Founder President (HSI) Mumbai</i>		<b>Sandeep Dave</b> <i>President (HSI) Raipur</i>		<b>Ramesh Agarwalla</b> <i>President Elect (HSI) Kolkata</i>
	<b>M. G. Bhat</b> <i>Past President (HSI) Bangalore</i>		<b>Deepraj Bhandarkar</b> <i>Hon. Secretary (HSI) Mumbai</i>		
	<b>Rajesh Khullar</b> <i>Past President (HSI) New Delhi</i>		<b>Manish Baijal</b> <i>Hon. Treasurer (HSI) Gurgaon</i>		

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**Zonal Executive Members**
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	<b>Ramesh Punjani</b> <i>Mumbai</i>		<b>Sameer Rege</b> <i>Thane</i>		<b>Pramod Shinde</b> <i>Nasik</i>
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**North Zone**

	<b>Sudhir Kalhan</b> <i>New Delhi</i>		<b>Prabal Roy</b> <i>Faridabad</i>		<b>Sumeet Shah</b> <i>New Delhi</i>
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**Central Zone**

	<b>Mumtaz Ansari</b> <i>Varanasi</i>		<b>Achal Gupta</b> <i>Gwalior</i>		<b>Jawwad Naqvi</b> <i>Raipur</i>
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## Annual Conference of HSI, New Delhi

### HSI 2017 – The XIth International Congress Of Hernia Society Of India

HSI 2017 – the XIth International Congress of the Hernia Society of India was held at Hotel Pullman, New Delhi on August 11-12, 2017. It was attended by around 350 participants from India and Asia Pacific region.

The theme of the Congress was “Complex Hernias- Management Strategies”. The Congress aimed at discussion of various complex situations faced in hernia repair and the techniques to handle them. There were four symposia, one keynote lecture, two Presidential addresses, one Dr H G Doctor oration, three debates and one video workshop as the main highlights of the scientific agenda. There were two best paper award sessions during the event which drew lot of appreciation from the participants.

In total, there were 22 scientific sessions during the two days of the event. Seventy abstracts were submitted for the meeting and out of these forty were accepted for oral presentations.

The highlights of the scientific program were the three debates on “Midline closure is always required for hernia repair”, “Intra-peritoneal mesh for hernia repair should be avoided” and “ Laparoscopic groin hernia will never be the gold standard”. All three debates drew appreciable response from all the delegates and faculties. The discussions around the topics grew very interesting and highly involving with varied opinions from the house.



### August 10th, 2017

A day prior to the commencement of the Congress, the Executive committee meeting of the HSI was held at Hotel Pullman between 6 to 7 pm followed by dinner.

### Day 1: August 11th , 2017

The organizing Chairman, Dr Pradeep Chowbey delivered the welcome address and declared the congress open at 9 am on August 11th, 2017. The first session of the congress was “Symposium - 1- Understanding the abdominal wall”. After the exhaustive presentations in this symposium, Dr Pradeep Chowbey delivered the Keynote address on “Herniology - Evolution towards excellence”. He received a standing ovation from the entire house and chairpersons!

Post the keynote address, the Dr H G Doctor Oration was presented to Dr Davide Lomanto in view of his significant contributions in the field of herniology. This was the second Dr HG Doctor Oration. Dr Rajesh Khullar, President HSI , presented and highlighted the contributions of Dr HG Doctor. Dr Davide Lomanto delivered his lecture on “Hernia - A game Changer” during this oration.

This was followed by two parallel sessions: “Symposium II- Understanding the groin” and “Experiences and Innovations- I”. Two debates on day one were the most involving and lively sessions!

Post lunch, two parallel sessions on “Rives Stoppa Best paper award” and “Shouldice Best Paper award” were conducted. Dr Sumeet Shah won the Rives Stoppa best paper award and the Shouldice Best paper award was won by Dr Arshad Rashid. The two winners were felicitated with Best paper award certificates and a cash prize of Rs. 10,000 each during the banquet dinner.

The last two parallel sessions of the day were “Ethicon symposium- Challenging the status quo” and “Medtronic symposium- The rare and the unusual”

The General Body meeting was organized in the evening between 7 to 8 pm.

The delegates and faculties enjoyed the evening networking and interacting over banquet dinner!




**Day 2: 12th August, 2017**

The second day started with enthusiasm and vigor with the Video Workshop organized as an alternative to the Live surgery workshop. The workshop was a visual tutorial by experts which included a step wise demonstration of newer innovative techniques.

The video workshop comprised minimally edited videos of various procedures which were laparoscopic repair of giant scrotal hernia, TAPP in recurrence following previous laparoscopic repair, hybrid technique for complex abdominal wall hernias, endoscopic Rives-Stoppa sutured technique, endoscopic Rives-Stoppa stapled technique, IPOM Plus technique, open TAR, laparoscopic TAR, laparoscopic anterior component separation and redo hiatal surgery. The session was highly appreciated with important tips, tricks and healthy discussions.

This was followed by the Presidential addresses by the HSI and APHS President's. Dr Rajesh Khullar, President HSI, delivered his address on "Recurrence in Inguinal Hernia- The journey so far!"

Dr Anil Sharma, President APHS delivered his address on "Ventral / Incisional Hernia repair with minimal access techniques - where are we headed?"

Another major highlight of the congress was the session on complications (Video stories) in complex hernia repair. In this session, the presenters highlighted the complications they faced during complex hernia surgeries and step wise demonstration of their management strategies.

The congress concluded on a positive note by evening 5 pm. The two day exhaustive and comprehensive scientific program witnessed great participation from the delegates, faculties and industry partners.





## Second AWR Course, Kolkata



The 2nd AWR training course in Belle Vue Kolkata, endorsed by HSI and IAGES was held on September 11th-12th, 2017. We had 11 enthusiastic surgeons not only from the country but from as far as Phillipines. This is a reflection of the increasing popularity of the AWR concepts in this region.

With Dr Rajesh Khullar, the immediate past president of the Hernia Society of India, present as the chief guest for the training course, and stalwarts such as Dr Om Tania, Dr Ramesh Agarwalla, Dr S P DeSarkar and Dr Nandkishor Dukkippatti, the program witnessed 7 live surgeries and an interactive academic session threadbaring the concepts of ventral hernia repair. The cases demonstrated were recurrent, atypical sited and giant hernias.

The plethora of surgeries- open TAR, eTEP RS, eTEP TAR, IPOM plus and onlay mesh hernioplasty- were demonstrated to stress the importance of knowing many procedures to deal with complex ventral hernia. Trainee surgeons observed as well as assisted for the procedures to get a first hand experience. We learnt a lot in these two courses and hope to continue this exciting journey with our third edition of the AWR training program on 19-20 January 2018. "



### **Certified Endohernia Course, New Delhi**

On September 29th 2017 Dr Randeep Wadhawan organised a Certified Endohernia Course at Fortis Hospital, New Delhi as a part of our commitment as a Centre of Excellence of HSI. Six delegates from Pondicherry, Chennai, Thane and Aurangabad attended this course. The course consisted of didactic lectures and live demonstrations of TEP with fixation, TEP without fixation, TAPP and IPOM.



## Hernia Update 2017, Pune



Ruby Hall Clinic Pune organised Hernia Update-2017 on November 26th 2017. Dr Neeraj Rayate Head-Department of Surgery, Ruby hall Clinic was the organising secretary. The symposium was attended by 280 surgeons and post graduates in and around Pune, Maharashtra. This was one of its kind event without any lectures and live surgeries focusing on common issues in hernia managements solved through expert panel of surgeons from Pune and national faculties. Overall there were six panel discussions of one hour each on open inguinal hernia, open ventral hernia, laparoscopic inguinal hernia, laparoscopic ventral hernia, laparoscopic hiatus hernia and difficult situations in hernia surgery.

In addition there were lectures from eminent national faculty: Dr. Deepraj Bhandarkar spoke on anatomy of anterior abdominal wall with reference to abdominal wall reconstruction (AWR), step by step lap ventral hernia. Dr. Parveen Bhatia spoke on laparoscopic inguinal anatomy and step by step lap inguinal hernia. Dr. Roy Patankar spoke on laparoscopic hiatal anatomy and redo fundoplication.

Everyone appreciated the new interactive problem-solving format of the scientific feast. This update was endorsed by Hernia society of India and Maharashtra Medical Council.



**Hernia Update 2017, Dombivali**



A Hernia Update – What’s new in ventral & incisional hernia? was organised on Sunday 24th December 2017 in Dombivali, Maharashtra by Dr Rahul Mahadar. This program endorsed by Hernia Society of India was attended by around 110 surgeons from Thane, Kalyan, Dombivali and around. The faculty included Dr Mahadar, Dr Deepraj Bhandarkar, Dr Sharad Sharma, Dr Jignesh Gandhi, Dr Ramesh Punjani, Dr Pramod Shinde, Dr Roy Patankar and Dr Abhay Dalvi. The program was a grand success and was appreciated by all those who attended it. Two CME credit hours are allocated by Maharashtra Medical Council for this program.





**Mid Term Conference of HSI, Vapi**





### 3rd AWR Course, Kolkata



The 3rd AWR training course at the Digestive Surgery Clinic in Belle Vue, Kolkata was a live testimony to the success of our previous two editions. The participation and enthusiasm keep on increasing with every course.

In this edition, there were 18 surgeons who witnessed and assisted the following procedures- Open TAR, eTEP RS, eTEP TAR, IPOM plus and plastic surgery reconstruction of the tissue defect.

There was also an academic session on the modern concepts of ventral hernia surgery that was decorated with lectures from national faculties- Dr. Sandeep Dave, President of Hernia Society of India (HSI) and Dr. Sumeet Shah, EC Member of HSI.



### Hernia Masterclass CME and Live Workshop, Bangalore



This was a single theme, single day CME and live operative workshop organized by Best Institute and Research Center in association with Bangalore Medical College and Research Institute and A. V. Hospital. The venue was at PMSSY Auditorium, BMC Superspeciality Hospital and Research Institute, Victoria Hospital campus, Bangalore.

Dr. M. Ramesh, Director, Best Institute and Research Center and Medical Director of A. V Hospital was the Organising Chairman and Dr Seshagiri Rao, Prof and Head, Department of General Surgery BMCRI was the Co- organising hairman. Dr Tulip, Medical Director Of Dr. Tulips Obesity and Diabetic Surgery Center was the Organising Secretary and Dr. Ganesh Shenoy from V. Hospital was the Joint Organising Secretary and Chief Program Co-ordinator. This conference was endorsed by HSI and KSCASI. Dr. Sivakumar, Vice president, South zone, HSI and Dr. Narayana Hebsur, Secretary KSC ASI graced the occasion. Dr. M. K. Ramesh Vice Chancellor, RGUHS was the Chief guest for the inaugural ceremony. It was attended by 132 delegates from all across the state of Karnataka and neighbouring states. This conference was granted 2 credit hours by KMC. Dr Ravi Ningappa had come as an Observer from KMC.

The event included didactic sessions, debates, panel discussion and live operative workshop. It also included CME on Inguinal Hernia and Ventral hernia. The live operative workshop was telecast from AV Hospital to the venue. The live operative workshop included Laparoscopic TEP, TAPP, E- TEP for Inguinal hernia, Laparoscopic IPOM Plus repair for Umbilical Hernia and Laparoscopic Nissen's Fundoplication for Hiatus Hernia. This is the first time in our state conference that laparoscopic e-TEP mesh repair was demonstrated in a live operative workshop.



**Advanced Endo Hernia Workshop, New Delhi**





**4th AWR Course, Kolkata**



The 4th AWR training course held on at the Digestive Surgery Clinic in Belle Vue, Kolkata on June 22nd and 23rd 2018. There were 15 surgeons from three countries who witnessed and assisted seven surgeries including open and minimal access component separations (Anterior and posterior). There was also an academic session on the modern concepts of ventral hernia surgery that was decorated with lectures from national faculties. We keep learning from our delegates! After the suggestion from the first batch of delegates, we have included clinical rounds before and after surgery as an integral part of the program to better understand the perioperative approach to complex ventral hernias. We get enriched by the inputs and encouragements from our friends who visit us in these courses. We shall, as promised, hold more of these in 2018 with support from HSI.



**Inguinal Hernia Workshop and CME, Mumbai**





6<sup>th</sup> - 8<sup>th</sup> September, 2018 | Hilton, Chennai

**Theme: Hernia Surgery - Safety First**

**Registrations are now open for  
12<sup>th</sup> Annual Conference of Hernia Society of India 2018**

**REGISTER NOW**

Category	Till 31 <sup>st</sup> Jul'18	Till 31 <sup>st</sup> Aug'18	On Spot
Member (HSI)	INR 6,000	INR 6,500	INR 7,500
Non Member	INR 6,500	INR 7,500	INR 8,500
Residents	INR 3,000	INR 3,500	INR 4,000
Accompanying Person	INR 5,000	INR 5,000	INR 5,000

**Pre Conference Cadaveric Course\*  
on 6<sup>th</sup> Sept'18 at SRMC Porur, Chennai**

**\*Cadaveric Course Fee: ₹ 50000  
(Inclusive of 18% GST)**



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Kanyakumari - 629 501  
Mob.: +91 8973427272, +91 8973027272  
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**LIFE MEMBERSHIP FORM  
ASIA PACIFIC HERNIA SOCIETY (APHS)  
AND  
HERNIA SOCIETY OF INDIA (HSI)**



**MEMBERSHIP FEE**

Life Membership (APHS) + Life Membership HSI	Rs10,000
Life Membership of HSI (National Chapter of APHS) only	Rs 3000

**Mode of payment: demand draft in favour of "Hernia Society of India" payable at New Delhi to**

**1. MEMBER'S PARTICULARS (COMPLETE IN BLOCK LETTERS)**

Title: Prof/ Dr / Mr / Mrs / Ms

First name: \_\_\_\_\_ Middle Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Nationality: \_\_\_\_\_ Sex M/F

**2. ADDRESS FOR CORRESPONDANCE (RESIDENCE / CLINIC)**

\_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Pin: \_\_\_\_\_

**3. CONTACT DETAILS**

Telephone: City Code \_\_\_\_\_ Residence: \_\_\_\_\_ Office \_\_\_\_\_

Mobile: \_\_\_\_\_ Email: \_\_\_\_\_

**4. ACDEMIC QUALIIFICATIONS**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

5. **MEDICAL REGISTRATION NO:** \_\_\_\_\_ Country / State \_\_\_\_\_

**6. PRESENT EMPLOYMENT**

Designation: \_\_\_\_\_ Department: \_\_\_\_\_

Institution: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Pin: \_\_\_\_\_

**7. PAYMENT DETAILS**

Draft no: \_\_\_\_\_ Dated: \_\_\_\_\_ Amount \_\_\_\_\_

Drawn on (Bank and branch) \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**For becoming member of HSI / HSI + APHS send**

**a) Completed form**

**b) Self-attested photocopies of educational qualifications,**

**c) A passport sized colour photograph and**

**d) Demand draft for the appropriate amount [Rs 10,000 (HSI + APHS) or Rs 3000 (HSI only)] in favour of "Hernia Society of India" payable at New Delhi to**

Dr Manish Bajjal, Hon. Treasurer, HSI

Institute of Minimal Access, Metabolic and Bariatric Surgery (East Wing 5th Floor), Max Super Speciality Hospital, 2, Press Enclave Road, Saket, Delhi-110017

**Email:** Pankaj.Gupta1@maxhealthcare.com **Mobile:** +919811690841 (Mr Pankaj Gupta)